Healthy Boundaries

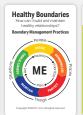
What's in the Deck

Discovery Cards Content Map

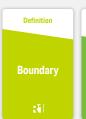
Overview Cards













Activity Cards









OTHERS

:1

Boundary Management Practices Definition Cards







:1



ME









Sorting Cards













External Boundary Types **MATERIAL** H





:XI



Boundary Types Cards



H

Internal Boundary Types



:1





SPIRITUAL

What's in the Deck

Overview Cards

Main Color: Box Color 1 Topic Description Card

1 Quick Start Card

1 Model Card

1 Expert Card

1 Topic Definition Card

1 R1 Card

Activity Cards

Main Color: Black

Activity 1: Assessing Boundary Management Practices

Activity 2: Defining Boundary Types Activity 3: Managing Boundaries

1 ME Action Card

1 People, Places, Things, Situations Card

Boundary Management Practices Definition Cards Main Color: White with Color

1 Define (Yellow)

1 Communicate (Orange)

1 Protect (Red)

1 Maintain (Blue)

1 Respect Others (Green)

Sorting Cards

Main Color: Mostly Colors

8 Define (Yellow)

8 Communicate (Orange)

8 Protect (Red)

8 Maintain (Blue)

8 Respect Others (Green)

Boundary Types Cards

Main Color: Gray

1 Model Card 1 Behavioral

1 Social 1 Emotional

1 Spiritual

1 Material 1 Physical

1 Mental

1 Sexual

TOTAL CARDS