

Recovery Capital

What's in the Deck

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Discovery Cards Content Map

Overview Cards



6 Overview Cards

- Main Color: Box Color
- 1 Topic Description Card
- 1 Quick Start Card
- 1 Model Card
- 1 Expert Card
- 1 Topic Definition Card
- 1 R1 Card

Activity Cards



8 Activity Cards

- Main Color: Black
- 1 Tipping Point Card
- 1 My Healthy & Wellness Card
- 1 My Substance Use / Addiction Card
- 1 Activity 1: Identify Recovery Capital Strengths
- 1 Activity 2: Identify Recovery Capital Gaps
- 1 Activity 3: Strengthen Recovery Capital
- 1 Activity 4: Identify Barriers & Unmet Needs
- 1 ME Action Card

Definition Cards



8 Definition Cards

- Main Color: White with Colored Tops
- 1 Personal Capital (Pink)
- 1 Social Capital (Purple)
- 1 Community Capital (Blue)
- 1 Emotional Support (Light Blue)
- 1 Commitment to Sobriety (Green)
- 1 Well-Being (Yellow)
- 1 Barriers (Orange)
- 1 Unmet Needs (Red)

Sorting Cards



41 Sorting Cards

- Main Color: Mostly Color
- 5 Personal Capital (Pink)
- 5 Social Capital (Purple)
- 5 Community Capital (Blue)
- 4 Emotional Support (Light Blue)
- 5 Commitment to Sobriety (Green)
- 5 Well-Being (Yellow)
- 6 Barriers (Orange)
- 6 Unmet Needs (Red)

63 TOTAL CARDS